

Type of Activity:

Lead-up

Drill

Fitness

Game

Score: ___17___/20

Berkey's Assessment of Games

1. Name of the game: Target set
2. Source of the game:
3. Brief description of the game: Students are divided into 2 teams. Staff or lead students act as setters tossing ball above head height to students standing at free throw line. Waiting student executes overhead set attempting to strike basketball backboard. Students rotate through as quickly as possible score is kept by totaling all sets which contact the backboard. Other students assist leader in retrieving ball.

Activity Analysis

	Low-----	High			
1. Students can develop physical skills.	1	2	3	4	5
State the skills: Execute overhead set with control.					
Students can practice appropriately	Yes	No			

	Low-----	High			
2. Participation level	1	2	3	4	5
Roles of the students: Either lead student or team member.					
Potential examples of waiting: Wait for turn. Additional baskets will reduce waiting time. Wall targets could also be used.					

	Low-----	High			
3. Activity is developmentally appropriate	1	2	3	4	5
Stage/Age for which activity is appropriate: 4th- 5th Grades					
Justification for this population/group: Lead up to team sports participation.					

	Low-----	High			
4. Cognitive, personal and social development	1	2	3	4	5
Examples of personal skills (Action/Condition): Taking turns, teammate support,					
Examples of cognitive skills (Action/Condition): Set, target					

Modifications for special needs students: Larger balls, larger targets

