

Type of Activity:
 Lead-up **Drill**
 Fitness Game

Score: 18 /20

Berkey's Assessment of Games

1. Name of the game: Toss and Tap
2. Source of the game:
3. Brief description of the game: Students are placed in pairs around outside of gym. One student is designated as tosser and the other as tapper. The tosser throws the ball from 10 feet to the tapper at above head level who strikes the ball using overhead set. The tapper attempts to return ball to tosser. The tapper retrieves the ball and repeats. Positions are exchanged at instructor's cues.

Activity Analysis

	Low				High
1. Students can develop physical skills.	1	2	3	4	5
State the skills: Overhead set					
Students can practice appropriately	Yes				No

	Low				High
2. Participation level	1	2	3	4	5
Roles of the students: Tosser and tapper					
Potential examples of waiting: Elapsed time while ball is retrieved.					

	Low				High
3. Activity is developmentally appropriate	1	2	3	4	5
Stage/Age for which activity is appropriate: 3 rd – 5 th Grade					
Justification for this population/group: Base skill for team sport competition.					

	Low				High
4. Cognitive, personal and social development	1	2	3	4	5
Examples of personal skills (Action/Condition): Team work, cooperation, support encouragement of partner					
Examples of cognitive skills (Action/Condition): Set, Stance, Contact with ball					

Modifications for special needs students: Larger ball, additional partner to assist with retrieval.

