

Type of Activity:

Lead-up

Drill

Fitness

Game

Score: ___15___/20

Berkey's Assessment of Games

1. Name of the game: 6 on 6 volleyball

2. Source of the game:

3. Brief description of the game: Students will be split into even teams. They will have three players at the net and three in the back line. The person in the back right corner is the server. Teams rotate in a counter clockwise one position to change server. Rotation can be set by volleyball rules or teacher preference.

Activity Analysis

Low-----High

1. Students can develop physical skills.

1 2 3 **4** 5

State the skills: underhand serve, overhand serve, forearm pass, overhead pass.

Students can practice appropriately

Yes

No

Low-----High

2. Participation level

1 2 **3** 4 5

Roles of the students: One player is the server but all players may hit the ball after it has gone over the net.

Potential examples of waiting: Waiting to hit the ball.

Low-----High

3. Activity is developmentally appropriate

1 2 3 **4** 5

Stage/Age for which activity is appropriate:

5th Grades

Justification for this population/group: Lead up to team sports participation.

Low-----High

4. Cognitive, personal and social development

1 2 3 **4** 5

Examples of personal skills (Action/Condition): Taking turns, teammate support,

Examples of cognitive skills (Action/Condition): striking, rotation, movement

Modifications for special needs students: Larger balls, larger targets

