

Block Plan - 3rd Grade
Track and Field

<p>Day 1 Warm up Skills: Sprinting (TA) Concepts: Personal-Social Activity:</p>	<p>Day 2 Warm up Skills: Long Jump (TA) Concepts: Personal-Social Activity:</p>
<p>Day 3 Warm up Skills: Shot Put (TA) Concepts: Personal-Social Activity:</p>	<p>Day 4 Warm up Skills: Javelin (TA) Concepts: Personal-Social Activity:</p>
<p>Day 5 Warm up Skills: Review: Sprinting, long jump, shot put, javelin (TA) Concepts: Personal-Social Activity:</p>	<p>Day 6 Warm up Skills: Review: Sprinting, long jump, shot put, javelin (TA) Concepts: Personal-Social Activity:</p>