

### Third – Fifth Grade Sprinting Objectives

P1: Four out of five students can get into ready position (TA form) on the starting blocks according to TA form.

P2: Four out of five students can demonstrate an increased rhythm (TA form) from the starting line.

P3: Four out of five students can demonstrate the ability to run in an upright motion in their own personal space ? (TA form).

P4: 4 out of 5 students will demonstrate the proper way to lean and finish at the finish line (TA form).

C1: Students will demonstrate their knowledge of sprinting by acknowledging 3 of the 4 critical points on a written quiz.

C2: Students will demonstrate how to start on go four out of five times.

C3: Students will demonstrate the understanding of staying in their own lanes during the race 90% of the time.

PS1: Students will show respect to the other students by keeping to their respective lanes five out of the six classes

PS2: Students will show respect by following the instructor's directions five out of six classes

PS3: Students will demonstrate effort by participating in all activities of class five out of six classes.

PS4: Students will demonstrate responsibility by rotating and moving to stations throughout the activities five out of six classes.

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