

### **Third - Fifth Grade Long Jump Objectives**

**P-1:** 4 out of 5 students can get into ready position (TA form) on the runway

**P-2:** 4 out of 5 students can demonstrate that they can jump off their dominate leg (TA form).

**P-3:** 4 out of 5 students can demonstrate the ability to jump from behind the line (TA form)

**P-4:** 4 out of five students can demonstrate the ability to lean forward and land correctly without falling backwards (TA form)

**P-5** Students will perform a running long jump (TA form) from ten yards jumping as far as the can four out of five times

**C-1:** Students will demonstrate knowledge of running long jump by identifying three out of four critical points of a on a written quiz. .

**C-2:** Students will understand the focal points of measurement that pertains to the long jump by identifying 2 of 3 mistakes when the teacher demonstrates.

**C3:** Students will demonstrate the ability to jump before not after the designated line on the pit by following directions of the instructor 90% of the time.

**C4:** Students will demonstrate cooperation by taking turns and rotating to proper destinations 90% of the time during station classes.

**PS-1:** Students will demonstrate respect for each other by treating others as they would like to be treated five of six class periods.

**PS-2:** Students will demonstrate responsibility by removing hats, jewelry, and gum as well as by dressing appropriately before entering the gym five of six class periods.

**PS-3:** Students will demonstrate respect for authority by correctly doing what the teacher asks of them five out of six class periods.

**PS-4:** Students will demonstrate competitiveness by attempting all the skills asked of them to the best of their abilities five out of six days.

**PS-5:** Students will demonstrate responsibility by moving from one station to the next, performing the skills specified in each station three of four class periods.