

Berkey's Assessment of Games

Assessment Form

Name of Activity: Long Jump Relay

BAGS Score: 17

Source: Greg Ex

Description of Activity: Students will get with a partner. When the start signal is given, the first student will perform a standing long jump. The second student will then run to where the first landed and do the same. This will continue until the students have reached their goal.

Source of Activity: Greg Ex

Criterion 1: Activity develops physical skills

- Skills that are developed: Standing long jump
- Students can practice appropriately: Yes No

Low-----
High

1 2 3 4 5

Criterion 2: Activity requires active participation by all students.

- Is there any waiting in the activity? Yes No
- There is a way to re-enter if eliminated in the activity. Yes No
- All participants have an active role in the activity. Yes No

1 2 3 4 5

Criterion 3: Activity requires skills and movement that are developmentally appropriate.

- Skills requires are appropriate for stage suggested. Yes No
- Conditions imposed are challenging but attainable. Yes No

1 2 3 4 5

Criterion 4: Cognitive and personal-social skills are incorporated in the activity.

- List identification, comprehension or application skills: ID when to start, proper long jump techniques

- List personal-social skills that could be incorporated: Responsibility, following directions

- Personal-social skills are appropriate for the stage/age suggested. Y N

1 2 3 4 5

Modifications that would improve this activity: Students could long jump further/shorter distances. Number of times students jump could be altered.