

**Berkey's Assessment of Games**

**Assessment Form**

Name of Activity: Double Shuttle

BAGS Score: 16

Source: Greg Ex

Description of Activity: Students stand in groups of five or six. Half line up at the opposite end of the court or field. Once the start signal is given, the first student runs down and passes the baton off to the student at the opposite end. This continues until all students have gone.

Source of Activity: Greg Ex

Criterion 1: Activity develops physical skills

- Skills that are developed: Sprinting, passing of the baton

- Students can practice appropriately: Yes No

Low-----  
High

1 2 3 4 5

Criterion 2: Activity requires active participation by all students.

- Is there any waiting in the activity? Yes No

- There is a way to re-enter if eliminated in the activity. Yes No

- All participants have an active role in the activity. Yes No

1 2 3 4 5

Criterion 3: Activity requires skills and movement that are developmentally appropriate.

- Skills requires are appropriate for stage suggested. Yes No

- Conditions imposed are challenging but attainable. Yes No

1 2 3 4 5

Criterion 4: Cognitive and personal-social skills are incorporated in the activity.

- List identification, comprehension or application skills: ID when to start, proper sprint techniques

- List personal-social skills that could be incorporated: Responsibility, following directions

- Personal-social skills are appropriate for the stage/age suggested. Y N

1 2 3 4 5

Modifications that would improve this activity: Students could sprint further/shorter distances. Number of times students run could be altered.