

TASK ANALYSIS
Even Step Tinikling

SKILL: Tinikling Step Skill Even Rhythm

VISUAL DESCRIPTION: While standing between and astride two poles, student will jump twice inside the pole and twice outside the poles as they are moved apart and together opposite of the location of the student's jumping pattern.

MOVEMENT SEQUENCE

VERBAL CUES

1. Stand with feet astride sticks

Wide

2. Jump twice with feet apart

Jump-Jump*

3. Keep feet high

High feet*

4. Jump and put legs together

Together

5. Jump two times inside the sticks

Inside-Inside*

6. Jump and spread feet apart

Out*

7. Keep feet high

High feet

8. Work cooperatively with partners

Cooperate

*** 4 Most Critical Points.**

COMPLEXITY VARIABLES

LEARNER: Novice

SKILL: Serial

ENVIRONMENT: open

CHECKLIST:

Student	Jump-Jump	High Feet	Inside-Inside	Out
1				
2				
3				
4				