

Type of Activity: Football and fitness

Lead-up Drill
Fitness **Game**

Score: ___17___/20

Berkey's Assessment of Games

1. Name of the game: Four passes
2. Source of the game: Ultimate sports lead up games
3. Brief description of the game: a team must complete four consecutive passes to get a point. The quarterback may not run with the ball and whoever catches the ball becomes the new quarterback. If there is an incomplete pass or interception the ball goes to the other team who was playing defense

Activity Analysis

	Low-----	High			
1. Students can develop physical skills.	1	2	3	4	5
State the skills:					
Students can practice appropriately	Yes		No		

	Low-----	High			
2. Participation level	1	2	3	4	5
Roles of the students: receiver, quarterback, defender					
Potential examples of waiting: none					

	Low-----	High			
3. Activity is developmentally appropriate	1	2	3	4	5
Stage/Age for which activity is appropriate:					
- fourth and fifth grade					
Justification for this population/group: incorporates fine and gross motor functions appropriate for this age					

	Low-----	High			
4. Cognitive, personal and social development	1	2	3	4	5
Examples of personal skills (Action/Condition):					
- play fairly 90 percent of the time					
Examples of cognitive skills (Action/Condition):					
- follow the rules 90 percent of the time					

Modifications for special needs students:

