

Instructional Objectives for Football Unit for 5th Grade

Psychomotor Objectives:

P-1: Student will be able to perform throwing a football (TA form) from 10 yds hitting their partner in the chest area 7 out of 10 times

P-2: Student will be able to perform throwing a football (TA form) from 15 yds hitting their partner in the chest area 6 out of 10 times

P-3: Student will be able to perform a football catch (TA form) from 10 yds 8 out of 10 times

P-4: Student will be able to perform a football catch (TA form) from 15 yds 7 out of 10 times

P-5: Student will be able to snap a football (TA form) to a partner at 4 yds hitting them in the chest area 7 out of 10 times

P-6: Student will be able to snap a football (TA form) to a partner at 5 yds hitting them in the chest area 8 out of 10 times

P-7: Student will be able to punt a football (TA form) 6 out of 10 times in a primarily forward direction

P-8: Student will be able to punt a football (TA form) 5 out of 10 times towards a target 20 yards away.

Cognitive Objectives:

C-1: Students will verbally respond to the instructor when asked random questions about the rules of football three out of four times

C-2: Student will verbally identify two out of three of the four critical points for throwing

C-3: Student will be able to distinguish each skill when verbally given four critical points from instructor three out of four times

C-4: Student will verbally identify two out of three of the four critical points for catching

C-5: Student will verbally identify two out of three of the four critical points for punting

C-6: Student will verbally identify two out of three of the four critical points for snapping

Personal-Social Objectives:

PS-1: Student will demonstrate cooperation by sharing footballs when working during all of the skill stations

PS-2: Student will demonstrate respect for authority by promptly carrying out all instructions given by the instructor nine out of ten times

PS-3: Student will demonstrate responsibility by putting all equipment in its appropriate place when finished nine out of ten times