

## **Instructional Objectives for Football Unit for 4<sup>th</sup> Grade**

### **Psychomotor Objectives:**

- P-1: Student will be able to perform throwing a football (TA form) from 5 yds hitting their partner in the chest area 8 out of 10 times
- P-2: Student will be able to perform throwing a football (TA form) from 10 yds hitting their partner in the chest area 7 out of 10 times
- P-3: Student will be able to perform a football catch (TA form) from 5 yds 8 out of 10 times
- P-4: Student will be able to perform a football catch (TA form) from 10 yds 7 out of 10 times
- P-5: Student will be able to snap a football (TA form) to a partner at 3 yds hitting them in the chest area 7 out of 10 times
- P-6: Student will be able to snap a football (TA form) to a partner at 4 yds hitting them in the chest area 7 out of 10 times
- P-7: Student will be able to punt a playground ball (TA form) 7 out of 10 times in a primarily forward direction
- P-8: Student will be able to punt a playground ball (TA form) 7 out of 10 times towards a target 15 yards away.

### **Cognitive Objectives:**

- C-1: Students will verbally respond to the instructor when asked random questions about the rules of football three out of four times
- C-2: Student will verbally identify two out of three of the four critical points for throwing
- C-3: Student will be able to distinguish each skill when verbally given four critical points from instructor three out of four times
- C-4: Student will verbally identify two out of three of the four critical points for catching
- C-5: Student will verbally identify two out of three of the four critical points for punting
- C-6: Student will verbally identify two out of three of the four critical points for snapping

### **Personal-Social Objectives:**

- PS-1: Student will demonstrate cooperation by sharing footballs when working during all of the skill stations
- PS-2: Student will demonstrate respect for authority by promptly carrying out all instructions given by the instructor nine out of ten times
- PS-3: Student will demonstrate responsibility by putting all equipment in its appropriate place when finished nine out of ten times