

**TASK ANALYSIS**  
**Goalie**

SKILL: Goalie

VISUAL DESCRIPTION: Player will assume an athletic stance in front of the net with the stick in non dominant hand. The player will keep puck from getting past.

**MOVEMENT SEQUENCE**

**VERBAL CUES**

**1. Ready Position**

- a. feet about shoulder width
- b. knees bent
- c. weight even, bend at waist

**Ready\***

**2. Grip**

- a. non dominant hand
- b. back of hand facing out

**Grip\***

**3. Stand in front of goal/line**

**Stand**

**4. Move back and forth**

**Move\***

**5. Stay between net and puck**

**Position\***

**6. Stop puck with blade**

**Block**

**7. Control puck**

**Contol**

**8. Pass puck to teammate**

**Pass**

**\* 4 Most Critical Points.**

**COMPLEXITY VARIABLES**

LEARNER: 3-5<sup>th</sup>, eye-hand coordination, tracking skills

SKILL: discrete

ENVIRONMENT: distance, speed, open

**CHECKLIST:**

Student	Ready	Grip	Move	Position
1				
2				
3				
4				

