

TASK ANALYSIS
Receiving

VISUAL DESCRIPTION: Player will reach the blade of stick to contact the puck then bring stick back in order to gain control

MOVEMENT SEQUENCE

VERBAL CUES

- | | |
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| <p>1. Ready Position
 a. feet staggered
 b. knees bent
 c. weight even, bend at waist</p> <p>2. Grip
 a. hands a forearm distance apart with dom hand on bottom</p> <p>3. Place stick at right angle to the puck</p> <p>4. Loosen grip slightly as puck impacts blade</p> <p>5. Make contact out front</p> <p>6. Give with the stick to maintain control</p> <p>7. Gain control of puck</p> <p>8. Look to pass to a teammate</p> | <p>Ready*</p> <p>Grip*</p> <p>angle</p> <p>loose</p> <p>contact*</p> <p>give*</p> <p>control</p> <p>look</p> |
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*** 4 Most Critical Points.**

COMPLEXITY VARIABLES

LEARNER: 3-5th grade, eye-hand coordination, tracking skills, reaction time

SKILL: discrete

ENVIRONMENT: distance, speed, open, size and pattern of travel

CHECKLIST:

Student	Ready	Grip	Contact	Give
1				
2				
3				
4				