

Type of Activity:
 Lead-up Drill
Fitness Game

Score: 18/20

Berkey's Assessment of Games

1. Name of the game: **Hoop Relay**
2. Source of the game: *Silver Bullets* by Karl Rohnke
3. Brief description of the game: Lined-up one behind the other, students hold hands front-to-back and attempt to quickly move the hoop from the front of the line to the end of the line. A second hoop is added to the line and each time a hoop arrives at the end of the line, the person in the back must run to the front. The game finishes when the original front line person returns to that position.

Activity Analysis

	Low				High
1. Students can develop physical skills.	1	2	3	4	<u>5</u>
State the skills: squatting, balance, running					
Students can practice appropriately	<u>Yes</u>				No

	Low				High
2. Participation level	1	2	3	<u>4</u>	5
Roles of the students: observing, assisting movements, stabilizing, running					
Potential examples of waiting: observing between two hoops arriving, ~30secs					

	Low				High
3. Activity is developmentally appropriate	1	2	3	4	<u>5</u>
Stage/Age for which activity is appropriate: Gr. 3-4 (lead-up activity for Gr.4)					
Justification for this population/group: sport-related skills with ready position/ body control, posture					

	Low				High
4. Cognitive, personal and social development	1	2	3	<u>4</u>	5
Examples of personal skills (Action/Condition): assisting hoop movement for successful transitions/cooperation					
Examples of cognitive skills (Action/Condition): successful transitions of hoop(s)/up-down, right-left, lo-high					

Modifications for special needs students: bigger hoops for ease of manipulation & grouping similar height individuals for activity to increase compatability between participants