Type of Activity:
Lead-up Drill
Fitness Game

1. Name of the game: **Double-Dutch**

Berkey's Assessment of Games

Score: 20/20

2. Source of the game: n/a								
3. Brief description of the game: Two students simultaneously skip rope being turned by two other participants; all participants take turns being a turner and a skipper, practicing entering and exiting rope.								
Activity Analysis								
·					High			
1. Students can develop physical skills.	1	2	3	4	High <u>5</u>			
State the skills: timing-fast vs. slow vs. sustained, two-foot vs one-foot skipping								
Students can practice appropriately	Yes		No					
	Low-				High			
2. Participation level	1	2	3	4	High <u>5</u>			
Roles of the students: continuous, either tu					_			
Potential examples of waiting: n/a	C	0 1	C					
	Low-				High			
3. Activity is developmentally appropriate	Low-	2	3	4	High <u>5</u>			
Stage/Age for which activity is appropriate	e: Gr. 3-	- 5 (add	l tasks d	uring s	kipping ie			
Stage/Age for which activity is appropriate touch hands to	e: Gr. 3- ground	- 5 (add /spin a	l tasks d cound	uring s etc for	kipping ie grade 5)			
Stage/Age for which activity is appropriate touch hands to Justification for this population/group: Ref	e: Gr. 3- ground, fined Fu	- 5 (add /spin ar Indame	l tasks d round ental Mo	uring s etc for	kipping ie grade 5)			
Stage/Age for which activity is appropriate touch hands to Justification for this population/group: Ref	e: Gr. 3- ground	- 5 (add /spin ar Indame	l tasks d round ental Mo	uring s etc for	kipping ie grade 5)			
Stage/Age for which activity is appropriate touch hands to Justification for this population/group: Ref	e: Gr. 3- ground fined Fu uracy &	5 (add /spin and andame c rhythi	l tasks d round ental Mo ns)	uring s etc for otor Ski	kipping ie grade 5) lls			
Stage/Age for which activity is appropriate touch hands to Justification for this population/group: Ref	e: Gr. 3- ground. Fined Fu uracy & Low-	5 (add /spin andame c rhythi	l tasks d round ental Mo ns)	uring s etc for otor Ski	kipping ie grade 5)			
Stage/Age for which activity is appropriate touch hands to Justification for this population/group: Ref	e: Gr. 3- ground. fined Fu uracy & Low-	5 (add /spin andame c rhythi	l tasks d cound ental Mo ms)	uring s etc for otor Ski	kipping ie grade 5) lls High			
Stage/Age for which activity is appropriate touch hands to Justification for this population/group: Ref	e: Gr. 3- ground. Fined Fu uracy & Low- 1	- 5 (add /spin andame z rhythi 2	tasks dround ental Moms) 3 rope (sp	uring s etc for stor Ski	kipping ie grade 5) lls High			
Stage/Age for which activity is appropriate touch hands to Justification for this population/group: Ref (acc) 4. Cognitive, personal and social development Examples of personal skills (Action/Condition)	e: Gr. 3- ground. Fined Fu uracy & Low- 1 ttion): tu con	- 5 (add /spin ar indame z rhythi 2 2 urning : trol)/co	tasks dround ental Moms) 3 rope (spooperation	uring s etc for stor Ski 4 eed on	kipping ie grade 5) llsHigh <u>5</u>			
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