

5th Grade Objectives

P-1 Students will **execute the following instructor led warm-up** 2 of 3 times: Windmills, arm stretches & V-sits (TA form) for flexibility **and** running & jumping jacks (TA form) for endurance exercises at the beginning of each class.

P-2~ Students will shoot a one hand set shot (TA form) 2 of 3 times to the basket from 3 feet away.

P-3~ Students will perform a one hand set shot (TA form) 2 of 3 times during **a** modified game.

P-3~ Students will cross over dribble a basketball (TA form) inside the perimeter of the basketball court, while keeping control of the ball **for 10 seconds**, 4 out of 5 times.

P-4~ Students will demonstrate the defensive shuffle (TA form) when prompted by the teacher 4 out of 5 times.

P-5~ Students will perform the defensive shuffle (TA form) during **a** modified game.

P-6~ Students will perform **an** overhead pass (TA form) to the wall standing 6 feet away **and hitting** a 2 x 2 target on the wall 3 out of 5 times.

P-7~ Students will demonstrate **an** over head pass (TA form) to a partner standing 8 feet away 3 out of 5 times.

C-1~ When randomly called on, 3 of 4 students will **verbally** identify the four critical points of cross over dribbling.

C-2~ When randomly called on, 3 of 4 students will **verbally** identify the four critical points of the set shot.

C-3~ Three of four students will **physically** identify a boundary line when called on by the instructor.

C-4~ When randomly called upon, 2 of 3 students will verbally identify the dribbling error demonstrated by the teacher to show understanding of double dribble.

PS-1~ Students will show responsibility by bringing their tennis shoes to gym class 3 of 3 times.

PS-2~ Students will show respect for authority by listening to the teacher and performing each task asked of them in 2 of 3 activities per day.

PS-3~ Students will show cooperation when working with a partner 3 of 3 times for each activity.