

**TASK ANALYSIS**  
**Catching**

**VISUAL DESCRIPTION:** Student using a bean bag will underhand throw the bean bag up to themselves and also throw and catch with a partner.

**MOVEMENT SEQUENCE**

1. Ready position
2. Bend knees slightly
3. Eyes on bean bag
4. Extend hands out chest level
5. Elbow bent slightly
6. Squeeze bean bag with fingers
7. Pull bean bag toward body

**VERBAL CUES**

- Feet apart
- Bend knees
- \*Eyes
- \*Extend hands
- Elbows
- \*Squeeze
- \*Pull

\* 4 Most Critical Points.

**COMPLEXITY VARIABLES**

LEARNER: K-2 Developmental Level

SKILL: Discrete

ENVIRONMENT: Self space partner

**CHECKLIST:**

Student	Eyes	Extend hands	Squeeze	Pull
1				
2				
3				
4				