

TASK ANALYSIS

Slide

VISUAL DESCRIPTION: Student will stand with feet together. The student will begin and maintain a pattern of stepping and sliding with opposing feet leading with their dominant foot. Arms should be extended at sides for balance.

MOVEMENT SEQUENCE

VERBAL CUES

- | | | |
|----|-------------------------|---------|
| 1. | Stand feet together | Ready |
| 2. | Knees bent | Knees * |
| 3. | Arms extended | Arms * |
| 4. | Step with dominant foot | Step * |
| 5. | Slide non-dominant foot | Slide * |

* 4 Most Critical Points.

TASK COMPLEXITY VARIABLES

LEARNER: Development level, coordination, balance

TASK: Serial, Closed loop

ENVIRONMENT Self-space, number of lines for students

CHECKLIST:

Name	Knees	Arms	Step	Slide
1				
2				
3				
4				