

TASK ANALYSIS
Gallop

VISUAL DESCRIPTION: Move the body forward with feet in stride position, keeping the same foot forward at all times.

MOVEMENT SEQUENCE

VERBAL CUES

- | | |
|---|-----------|
| 1. Face forward | * Forward |
| 2. One foot ahead of the other | * Feet |
| 3. Knees bent | Knees |
| 4. Front foot steps forward | * Step |
| 5. Back foot leaps to heel of lead foot | * Follow |
| 6. Arms are at middle guard | Arms out |

*** 4 Most Critical Points.**

COMPLEXITY VARIABLES

LEARNER: K-2

SKILL: Continuous

ENVIRONMENT: Self space, around gym

CHECKLIST:

Student	Forward	Feet	Step	Follow
1				
2				
3				
4				