

**TASK ANALYSIS**  
**Serve**

SKILL: Serve

VISUAL DESCRIPTION: \_\_ Standing with a staggered stance, performer holds a racquet in his dominant hand and a pickle ball at waist level in his non-dominant hand. Performer moves the racquet backward and steps forward with the non-dominant foot, drops the ball and swings the racquet forward, striking the ball below waist level and following through up over the non-dominant shoulder.

MOVEMENT SEQUENCE	VERBAL CUES
<b>1. Grip your paddle correctly (Dominant Hand)</b>	<b>Shake Hands</b>
<b>2. Hold Pickleball in non-dominant hand</b>	<b>Ball at Waist</b>
<b>3. Staggered Stance (non-dominant forward)</b>	<b>*Staggered Stance</b>
<b>4. Begin backswing w/Dominant Hand</b>	<b>Backswing</b>
<b>5. Step forward w/Non-dominant foot</b>	<b>*Step forward</b>
<b>6. Drop the pickleball from waist level</b>	<b>*Drop</b>
<b>7. Swing Racquet down to contact ball</b>	<b>*Swing</b>
<b>8. Follow through over non/dominant shoulder</b>	<b>Follow Through</b>

\* 4 Most Critical Points.

**COMPLEXITY VARIABLES**

LEARNER: \_\_Beginner

SKILL: \_\_Discrete

ENVIRONMENT: \_Closed (Wall), Open (Partner).

**CHECKLIST:**

Student	Staggered Stance	Step	Drop	Swing
1				
2				
3				
4				