

Type of Activity:  
 Lead-up      Drill \*  
 Fitness      Game

Score: 20/20

## Berkey's Assessment of Games

1. Name of the game: **Soft Toss Directional Drive**

2. Source of the game: None

3. Brief description of the game:

The Soft Toss Directional Drive Drill is a partner drill used to help students develop their forehand and backhand drive shots.

One partner stands ready to swing, facing a curtain or wall, while the other kneels a few feet in front of them holding three pickle-balls. The kneeling partner softly tosses a pickle-ball toward the front hip of his partner, who uses a forehand/backhand drive (TA style) to hit the ball on a line against the curtain or wall. Once the partner becomes comfortable striking the ball correctly, make it more advanced. Have the tossing partner toss and say a direction in which to hit the ball (left, center, right) or use numbers to represent the directions (1=left, 2=center, 3=right). Players then switch positions and repeat.

### Activity Analysis

	Low				High
<b>1. Students can develop physical skills.</b>	1	2	3	4	<b>5</b>
State the skills: Forehand & Backhand Drive					
Students can practice appropriately	<b>Yes</b>		No		

	Low				High
<b>2. Participation level</b>	1	2	3	4	<b>5</b>
Roles of the students: Performer, assistant					
Potential examples of waiting: None					

	Low				High
<b>3. Activity is developmentally appropriate</b>	1	2	3	4	<b>5</b>
Stage/Age for which activity is appropriate: 8 <sup>th</sup> – 9 <sup>th</sup> Grade					
Justification for this population/group: Develops reaction time and form					

	Low				High
<b>4. Cognitive, personal and social development</b>	1	2	3	4	<b>5</b>
Examples of personal skills (Action/Condition): Teamwork, cooperation					
Examples of cognitive skills (Action/Condition): critical points, form					

Modifications for special needs students: Larger ball, no directional instructions