

9th Grade Pickle-ball Objectives

Psychomotor:

PS1: Student will perform underhand serve (TA style), clearing the net by no more than 3 feet, and landing in the correct service area within 1 foot of the opponents' backcourt line 4 out of 5 times.

P2: Student will perform underhand serve (TA style), clearing the net by no more than 1 foot, and landing in the correct service area within 1 foot of the side line and no more than 2 feet beyond the no-volley zone 4 out of 5 times.

P3: Student will perform the underhand lob shot (TA style) while receiving a serve, hitting the ball at least 12 feet in the air, landing it within 3 feet of the opponent's backcourt line and within 3 feet of the left out-of-bounds line 4 out of 5 times.

P4: Student will perform the underhand lob shot (TA style) while receiving a serve, hitting the ball at least 12 feet in the air, landing it within 3 feet of the opponent's backcourt line and within 3 feet of the right out-of-bounds line 4 out of 5 times.

P5: Student will perform the drop shot (TA style) from the intersection of their mid-court and no-volley zone lines, clearing the net by no more than 1 foot, and landing it in the opponent's no-volley zone within 2 feet of the left out-of-bounds line 4 out of 5 times.

P6: Student will perform the drop shot (TA style) from the intersection of their mid-court and no-volley zone lines, clearing the net by no more than 1 foot, and landing it in the opponent's no-volley zone within 2 feet of the right out-of-bounds line 4 out of 5 times.

P7: Student will execute a forehand drive (TA style) from their right backcourt line cross-court to within 2 feet of the opponent's left sideline and within 2 feet of the opponent's backcourt line 4 out of 5 times.

P8: Student will execute a forehand drive (TA style) from their right backcourt line down-the-line to within 2 feet of the opponent's right sideline and within 2 feet of the opponent's backcourt line 4 out of 5 times.

P9: Student will execute a backhand drive (TA style) from their left backcourt line cross-court to within 2 feet of the opponent's right sideline and within 2 feet of the opponent's backcourt line 4 out of 5 times.

P10: Student will execute a backhand drive (TA style) from their left backcourt line down-the-line to within 2 feet of the opponent's left sideline and within 2 feet of the opponent's backcourt line 4 out of 5 times.

P11: Student will perform the overhead smash (TA style) from the right service area, no more than 3 feet in front of the backcourt line, cross-court to the opponent's left service area, landing the ball within 2 feet of the left out of bounds line and within 2 feet of the backcourt line 4 out of 5 times.

P12: Student will perform the overhead smash (TA style) from the left service area, no more than 3 feet in front of the backcourt line, cross-court to the opponent's right service area, landing the ball within 2 feet of the right out of bounds line and within 2 feet of the backcourt line 4 out of 5 times.

Cognitive:

C1: Four out of five students will correctly name one of the four critical points to the pickle-ball serve when called upon as a class.

C2: Four out of five students will correctly choose the 'lob shot' as the shot of choice when an opponent is crowding the net on a written quiz.

C3: Four out of five students will choose the no-volley zone as the correct targeted landing area for a drop shot when called upon as a class.

C4: Four out of five students will correctly name the four critical points to the forehand drive shot when instructed to do so on a written quiz given to the class.

C5: Four out of five students will correctly name one of the four critical points to the backhand drive shot when called upon as a class.

C6: Four out of five students will choose the overhead smash shot as the appropriate shot to use when an opponent's return is lofted softly up in the air and is coming down just above your position on the floor when asked to do so on a written quiz.

Personal/Social:

P/S1: All students will demonstrate responsibility with the pickle-ball equipment by striking nothing but the pickle ball during all activities, every day of the unit.

P/S2: All students will demonstrate proper knowledge of the safety rules by using the wrist strap attached to the pickle-ball paddle every day of the unit.

P/S3: All students will demonstrate cooperation by taking turns in the soft-toss exercises, and by providing each member of their team an equal number of repetitions.

P/S4: Students will demonstrate good sportsmanship by approaching the net and shaking the opponents' hands after each match that is played, every day of the unit.