

Type of Activity:
 Lead-up Drill
 Fitness Game

Score: ____ 16/20

Berkey's Assessment of Games

1. Name of the game: Hula Hoop Drill
2. Source of the game: Myself
3. Brief description of the game: Hula hoops are placed 15 feet away (or whatever distance you want) and students utilize the underhand throw and see how many bocce balls they can get in the hula hoops. One point is awarded for each ball that lands in the hula hoop.

Activity Analysis

	Low	-----			High
1. Students can develop physical skills.	1	2	3	4	5
State the skills: Underhand throw					
Students can practice appropriately	Yes		No		

	Low	-----			High
2. Participation level	1	2	3	4	5
Roles of the students: Partner Drill					
Potential examples of waiting: Wait while partner throws					

	Low	-----			High
3. Activity is developmentally appropriate	1	2	3	4	5
Stage/Age for which activity is appropriate: 6-9					
Justification for this population/group: Practice underhand throw					

	Low	-----			High
4. Cognitive, personal and social development	1	2	3	4	5
Examples of personal skills (Action/Condition): Work in partners, cooperation					
Examples of cognitive skills (Action/Condition): Keeping track of points					

Modifications for special needs students: Place hula hoops at a shorter distance.

