TASK ANALYSIS: Serving (Badminton)

Visual Description

Student with feet staggered on the baseline of court with weight on back foot. Student will hold birdie with thumb and index finger to the side of their body. As student drops shuttle, they should swing the racket forward contacting the shuttle in front and off to the side of their body below the waist. Follow through across body.

Movement Sequence	***Cues***
1. Ready position a. Eyes forward b. Shoulders & hips squared c. Knees bent d. Feet staggered	1. Ready
2. Point shoulders towards service area, weight on back foot	2. Point shoulders
* 3. Hold shuttle making an "O" with thumb and index finger	3. "O" shaped*
4. Racket backed and wrist cocked	4. Wrist back
* 5. Swing racket with upward angle; drop shuttle shift weight to front foot	5. Swing*
* 6. Contact shuttle in front and side of body below waist	6. Contact*
* 7. Follow through across body	7. Follow through*
8. Finish in ready position	8. Ready

***4 Critical Points**

Complex Variables

Learner: Eye hand coordination, accuracy,
Skill: Discrete
Environment: closed, condition of equipment, height of net, target size

Name	Ready	Point shoulders	"O" shape*	Wrist back	Swing *	Contact *	Follow through*	Ready
1.								
2.								
3.								
4.								