

Type of Activity:

Lead-up Drill *

Fitness Game

Score: 19/20

Berkey's Assessment of Games

1. Name of the game: **On Command**
2. Source of the game: Adapted from **Steps to Success: Teaching Archery**
3. Brief description of the game:

“On Command” is a drill focused on getting all students to follow each step in the process of performing the T-form shot (TA Form). All students straddle the line, holding their bow and arrow. Following each verbal teaching prompt, the students turn the bow, nock the arrow, grasp the string, extend the bow-arm upright, draw, aim and release their arrows all together. “On Command” is very safe for beginners, and takes off the pressure of “being watched” while they shoot.

Activity Analysis

	Low-----	High
1. Students can develop physical skills.	1	2 3 4 <u>5</u>
State the skills: T-Form Shot, Arrow Retrieval		
Students can practice appropriately	Yes	No

	Low-----	High
2. Participation level	1	2 3 4 <u>5</u>
Roles of the students: All students participate during the drill		
Potential examples of waiting: A lack of equipment could call for sharing (in two waves of students).		

	Low-----	High
3. Activity is developmentally appropriate	1	2 3 4 <u>5</u>
Stage/Age for which activity is appropriate:	All levels	
Justification for this population/group: It allows for focus on all parts of the T-form shot.		

	Low-----	High
4. Cognitive, personal and social development	1	2 3 <u>4</u> 5
Examples of personal skills: Sharing targets, partner critique		
Examples of cognitive skills: Learning parts of the T-form shot		

Modifications for special needs students: Move targets closer to shooting line, enlarge target area.