

Instructional Objectives – Overhand Serve Volleyball

Psychomotor1-

6th grade- Students will execute the four most critical points from a distance of 20 feet 4 out of 5 times.

7th grade - Students will execute the four most critical points from a distance of 30 feet 4 out of 5 times.

Psychomotor 2 –

6th grade – Students will execute the toss and it will land on the line 4 out of 5 times.

7th grade - Students will execute the toss and it will land on the line 4 out of 5 times.

Cognitive 1 –

6th grade – Students will verbally recite the four most critical points of the overhand serve when asked.

7th grade - Students will write from memory the four most critical points of the overhand serve on a written assessment.

Personal Social 1 –

6th grade - Students will cooperate with each other by sharing the volleyballs when practicing serving.

7th grade - Students will cooperate with each other by sharing the volleyballs when practicing serving.

Instructional Objectives – Underhand Serve Volleyball

Psychomotor 1-

6th grade- Students will execute the four most critical points to a wall from a distance of 20 feet 4 out of 5 times.

7th grade - Students will execute the four most critical points to a wall from a distance of 30 feet 4 out of 5 times.

Psychomotor 2 –

6th grade- Students will execute the four most critical points over the net from a distance of 20 feet 4 out of 5 times.

7th grade - Students will execute the four most critical points over the net and in bounds from a distance of 30 feet 4 out of 5 times.

Cognitive 1 –

6th grade – Students will verbally recite the four most critical points of the underhand serve when asked.

7th grade - Students will write from memory the four most critical points of the underhand serve on a written assessment.

Personal Social 1 –

6th grade - Students will cooperate with each other by sharing the volleyballs when practicing serving.

7th grade - Students will cooperate with each other by sharing the volleyballs when practicing serving.

Instructional Objectives – Overhead Set Pass Volleyball

Psychomotor 1-

6th grade- Students will execute the four most critical points with a partner from a kneeling position from a distance of 5 feet three out of five times.

7th grade - Students will execute the four most critical points with a partner from a distance of 10 feet four out of five times.

Pschomotor 2-

6th grade- Students will execute the four most critical points with a partner from a distance of 5 feet three out of five times.

7th grade - Students will execute the four most critical points in a game situation, while keeping the ball on their side of the net, four out of five times.

Cognitive 1 –

6th grade – Four out of five students will verbally recite the four most critical points of the overhead set pass when asked.

7th grade - Students will write from memory the four most critical points of the overhead set pass on a written assessment.

Personal Social 1 –

6th grade - Students will cooperate with each other by sharing the volleyballs when practicing serving.

7th grade - Students will cooperate with each other by sharing the volleyballs when practicing serving.

Instructional Objectives – Forearm Pass Volleyball

Psychomotor1-

6th grade- Students will execute the four most critical points to a partner from a distance of 5 feet 4 out of 5 times.

7th grade - Students will execute the four most critical points to a partner from a distance of 15 feet 4 out of 5 times.

Psychomotor 2 –

6th grade- Students will execute the four most critical over the net in bounds 4 out of 5 times.

7th grade - Students will execute the four most critical points in a game situation to a teammate 4 out of 5 times.

Cognitive 1 –

6th grade – Four out of five students will verbally recite the four most critical points of the forearm pass when asked.

7th grade - Students will write from memory the four most critical points of the forearm pass on a written assessment.

Personal Social 1 –

6th grade - Students will demonstrate teamwork by calling for the ball when performing the forearm pass four out of five times.

7th grade - Students will demonstrate teamwork by calling for the ball when performing the forearm pass five out of five times.

Instructional Objectives –Attack – Spike Volleyball

Psychomotor1-

7th grade - Students will execute the four most critical points without a ball four out of five times.

Psychomotor 2 –

7th grade - Students will execute the four most critical points with a ball tossed to them, over the net three out of five times.

Cognitive 1 –

7th grade – Four out of five students will write the four most critical points of the attack on a written assessment.

Personal Social 1 –

7th grade - Students will encourage each other with feedback of their four most critical points of the attack.

Instructional Objectives –Blocking Volleyball

Psychomotor1-

7th grade - Students will execute the four most critical points without a ball at the net four out of five times.

Psychomotor 2 –

7th grade - Students will execute the four most critical points with a ball tossed to them over the net three out of five times.

Cognitive 1 –

7th grade – Four out of five students will write the four most critical points of the block on a written assessment.

Personal Social 1 –

7th grade - Students will encourage each other with feedback of their four most critical points of the block.