

Type of Activity:

Score _____/20

Lead up **Drill** BAGS
Fitness Game Berkey's Assessment
Of Games

1. **Name of the Game:** Overhand Serving
2. **Source of the Game:**
3. **Brief description of the Game:** Students will practice the overhand serve from a distance of 20 feet, 25 feet, and 30 feet. Once the student is successful 4/5 times at 20 feet, they will move back to 25 feet and continue.

ACTIVITY ANALYSIS

	LOW	-----			HIGH
1. Students can develop physical skills	1	2	3	4	<u>5</u>
State the skills: 4 critical points					
Students can practice appropriately	<u>YES</u>			NO	

	LOW	-----			HIGH
2. Participation Level	1	2	3	<u>4</u>	5
Roles of the Students: to practice the four critical point of the overhand serve.					
Potential examples of waiting: Waiting for a ball to be served back over to them.					

	LOW	-----			HIGH
3. Activity is developmentally appropriate	1	2	3	<u>4</u>	5
Stage/Age for which activity is appropriate: Difficult skill for 6 th grade, moderately difficult for many 7 th graders.					
Justification for this population/group: competitive level students ready to learn					

	LOW	-----			HIGH
4. Cognitive, personal and social development	1	2	3	4	<u>5</u>
Examples of Personal skills (action/condition): sharing, cooperation					
Examples of Cognitive skills (action/condition): 4 critical points, distance – 20, 25, and 30 feet					

Modifications for special needs students:

- use a beach ball or rhino ball
- shorten the distance
- lower the net