

Type of Activity:
 Lead-up **Drill**
 Fitness **Game**

Score: 20/20

Berkey's Assessment of Games

1. Name of the game: Soft Toss
2. Source of the game: Softball Coach LE
3. Brief description of the game: This drill uses at least two students, a net or fence to hit into, and a dozen or more balls to hit. Set up the hitter with a partner kneeling about 10 feet away, just off the hitter's front knee. The feeder triggers the hitter's swing by dropping his hand just before tossing the ball. The hitter must hit the ball into the net or fence.

Activity Analysis

	Low	-----			High
1. Students can develop physical skills.	1	2	3	4	<u>5</u>
State the skills: hitting					
Students can practice appropriately	<u>Yes</u>				No

	Low	-----			High
2. Participation level	1	2	3	4	<u>5</u>
Roles of the students: tosser, hitter					
Potential examples of waiting: not enough equipment					

	Low	-----			High
3. Activity is developmentally appropriate	1	2	3	4	<u>5</u>
Stage/Age for which activity is appropriate: 6-8 th					
Justification for this population/group: developmentally appropriate for sport skills					

	Low	-----			High
4. Cognitive, personal and social development	1	2	3	4	<u>5</u>
Examples of personal skills (Action/Condition): cooperation, responsibility					
Examples of cognitive skills (Action/Condition): techniques/forms of skills used					

Modifications for special needs students: larger ball, hitting tee

