

Type of Activity:
 Lead-up **Drill**
 Fitness **Game**

Score: 19/20

Berkey's Assessment of Games

1. Name of the game: Fly Ball Drill
2. Source of the game: Softball Coach LE
3. Brief description of the game: There is one tosser and one fielder in each group. Have as many groups as desired. The student starts 90 feet away from the tosser. The tosser throws a fly ball to around 75 feet where the student must run up to catch or retrieve the ball. The student then throws the ball back to the tosser and runs back to the starting position. The drill continues in the same manner with the tosser throwing the ball to about 60 feet, then 45 feet, then 30 feet, and finally 15 feet. Each time after catching or retrieving the ball, the student throws the ball back to the tosser and then runs back to the starting position.

Activity Analysis

	Low-----High
1. Students can develop physical skills.	1 2 3 4 <u>5</u>
State the skills: Fielding, catching, throwing	
Students can practice appropriately	<u>Yes</u> No

	Low-----High
2. Participation level	1 2 3 <u>4</u> 5
Roles of the students: either fielder, thrower	
Potential examples of waiting: as thrower and fielder perform his/her tasks	

	Low-----High
3. Activity is developmentally appropriate	1 2 3 4 <u>5</u>
Stage/Age for which activity is appropriate: 6-8 th	
Justification for this population/group: developmentally appropriate for sport skills	

	Low-----High
4. Cognitive, personal and social development	1 2 3 4 <u>5</u>
Examples of personal skills (Action/Condition): cooperation, responsibility	
Examples of cognitive skills (Action/Condition): techniques/forms of skills used	

Modifications for special needs students: Shorten distance, larger ball