

Soccer – 7th grade

Description: to review all basic skills of soccer, introduce all soccer rules and concepts, followed up by playing modified indoor and outdoor soccer games, leading up to full-field soccer. Students will also be introduced to officiating and speedball.

Equipment: size 5 soccer balls, pinnies, soccer goals, cones, flags.
Speedball – football flags.

Resources:

- United States Soccer Federation. 2006
- Hargraeves, A. Skills and Strategies for Coaching Soccer. Leisure Press, Champaign, Ill. 1990
- Ready-to-Use Secondary P.E. Activities Program (by: Ken Lumsden & SallyJones)
- Luxbacher, J.A. Soccer Steps to Success, 2nd Ed. Human Kinetics, Champaign, Ill. 1996

Evaluation: students are evaluated based on their overall participation, skills demonstrated and knowledge of the games (written test).