

INSTRUCTIONAL OBJECTIVES-LACROSSE GRADE 7

Psychomotor:

Lacrosse Scoop

- P-1: The student will demonstrate the lacrosse scoop of a moving ball utilizing TA form, four out of five times.
- P-2: The student will demonstrate the lacrosse scoop (TA form), during an adapted “non-contact lacrosse” game, four out of five times.

Lacrosse Pass

- P-3: The student will demonstrate the overhead pass utilizing TA form, four out of five times.
- P-4: The student will demonstrate the lacrosse pass (TA form) from a stationary position to a moving target fifteen feet away four out of five times.

Lacrosse Shot

- P-5: The student will demonstrate the overhead shot utilizing TA form, four out of five times.
- P-6: The student will demonstrate the overhead shot (TA form) and place the shot on goal, from a distance of twenty feet, four out of five times.

Lacrosse Goaltending

- P-7: The student will demonstrate the proper goaltending mechanics utilizing TA form, four out of five times.
- P-8: The student will demonstrate the proper goaltending mechanics (TA form) during an adapted “non-contact” lacrosse game four out of five times.

Cognitive

- C-1: The student will demonstrate knowledge of the proper player spacing by moving quickly and appropriately to their “lane” when the ball is played to their half of the field.

Personal-Social

- PS-1: The student will demonstrate cooperation (working well with others) by willingly passing the ball to open teammates during a game, 90% of the time.