

## **Seventh Grade**

### **Thumb Frisbee Throw**

#### Psychomotor

1. Student will demonstrate T.A. form to pass Frisbee to partner 25 feet away successfully 4 of 5 times.
2. Student will demonstrate T.A. form to pass Frisbee to a moving target 25 feet away successfully 4 of 5 times.

#### Cognitive

1. Student will be able to state the 4 critical points of the backhand throw given a verbal test successfully 4 of 5 times.

#### Personal-Social

1. Students will encourage each other to attempt the throw by giving them positive feedback (nice job/good try) 4 of 5 times

### **Overhand Frisbee Throw**

#### Psychomotor

3. Student will demonstrate T.A. form to pass Frisbee to partner 25 feet away successfully 4 of 5 times.
4. Student will demonstrate T.A. form to pass Frisbee to a moving target 25 feet away successfully 4 of 5 times.

#### Cognitive

1. Student will be able to state the 4 critical points of the overhand throw given a verbal test successfully 4 of 5 times.

#### Personal-Social

2. Students will encourage each other to attempt the throw by giving them positive feedback (nice job/good try) 4 of 5 times
- 3.

### **Backhand Frisbee Throw**

#### Psychomotor

1. Student will demonstrate T.A. form to pass Frisbee to partner 25 feet away successfully 4 of 5 times.
2. Student will demonstrate T.A. form to pass Frisbee to a moving target 25 feet away successfully 4 of 5 times.

#### Cognitive

1. Student will be able to state the 4 critical points of the backhand throw given a verbal test successfully 4 of 5 times.

#### Personal-Social

1. Students will encourage each other to attempt the throw by giving them positive feedback (nice job/good try) 4 of 5 times.

## **Frisbee Catch**

### **Psychomotor**

1. Student will demonstrate T.A. form to catch Frisbee from partner 25 feet away successfully 4 of 5 times.
2. Student will demonstrate T.A. form to catch Frisbee from a moving target 25 feet away successfully 4 of 5 times.

### **Cognitive**

1. Student will be able to state the 4 critical points of the frisbee catch given a verbal test successfully 4 of 5 times.

### **Personal-Social**

1. Students will encourage each other to attempt to catch by giving them positive feedback (nice job/good try) 4 of 5 times.