

Instructional Objectives:

**Sixth Grade:**

**Backhand Frisbee Throw**

Psychomotor

1. Student will demonstrate T.A. form to pass Frisbee to partner 25 feet away successfully 3 of 5 times.
2. Student will demonstrate T.A. form to pass Frisbee to a moving target 25 feet away successfully 3 of 5 times.

Cognitive

1. Student will be able to state the 4 critical points of the backhand throw given a verbal test successfully 3 of 5 times.

Personal-Social

1. Students will encourage each other to attempt the throw by giving them positive feedback (nice job/good try) 3 of 5 times.

**Thumb Frisbee Throw**

Psychomotor

1. Student will demonstrate T.A. form to pass Frisbee to partner 25 feet away successfully 3 of 5 times.
2. Student will demonstrate T.A. form to pass Frisbee to a moving target 25 feet away successfully 3 of 5 times.

Cognitive

1. Student will be able to state the 4 critical points of the backhand throw given a verbal test successfully 3 of 5 times.

Personal-Social

1. Students will encourage each other to attempt the throw by giving them positive feedback (nice job/good try) 3 of 5 times.

**Frisbee Catch**

Psychomotor

1. Student will demonstrate T.A. form to catch Frisbee from partner 25 feet away successfully 3 of 5 times.
2. Student will demonstrate T.A. form to catch Frisbee from a moving target 25 feet away successfully 3 of 5 times.

Cognitive

1. Student will be able to state the 4 critical points of the catch given a verbal test successfully 3 of 5 times.

Personal-Social

1. Students will encourage each other to attempt the catch by giving them positive feedback (nice job/good try) 3 of 5 times.

