

TASK ANALYSIS
Worksheet 15

SKILL: Defense

VISUAL DESCRIPTION: Trying to prevent opponents from crossing the goal line or advancing the ball forward.

MOVEMENT SEQUENCE

VERBAL CUES

- | | |
|--|-----------------------------|
| 1. *Must line up on own side of ball following rules of football. | Line up |
| 2. Can move around freely before ball is snapped. | Position |
| 3. Play starts with the hiking of the ball. | Hike |
| 4. *Line players defend running plays; backfield defends passes. | Know your role. |
| 5. *Defensive responsibility is to pull the flag of the ball carrier. | Flag |
| 6. *Defense becomes offense if a fumble is recovered, pass is intercepted, downs have been completed. | Change of possession |

*** 4 Most Critical Points.**

COMPLEXITY VARIABLES

LEARNER: Beginner

SKILL: Discrete

ENVIRONMENT: Open footballs, field space or gymnasium

CHECKLIST:

Student	Line Up	Know Your Role	Flag	Change of Possession
1				
2				
3				
4				