

Instructional Objectives
Flag Football (Grade 7)

P1

The student will execute a football punt, using TA form, that will travel at least 30 feet in distance 3 of 4 times.

P2

The student will execute a forward football pass, using TA form, to a stationary target (classmate) at a distance of 25 feet 3 of 4 times.

P3

The student will execute a forward football pass, using TA form, to a moving target (classmate) at a distance of 25 feet 3 of 4 times.

P4

The student will execute TA form of catching a football, unobstructed, below the waist from a distance of 25 feet 3 of 4 times.

P5

The student will execute TA form of catching a football, unobstructed, above the waist from a distance of 25 feet 3 of 4 times.

P6

The student will execute TA form of catching a football, obstructed (while being guarded by a classmate), below the waist from a distance of 25 feet 3 of 4 times.

P7

The student will execute TA form of catching a football, obstructed (while being guarded by a classmate), above the waist from a distance of 25 feet 3 of 4 times.

P8

The student will execute TA form of blocking every time during drills.

P9

The student will execute a football punt using TA form that will land within a 20 foot radius of a 5 foot tall stationary target.

P10

The student will execute TA form of blocking every time blocking occurs during a game situation.

P11

The student will execute TA form defense by interrupting 3 of 4 offensive pass attempts.

P12

The student will execute TA form defense by interrupting 3 of 4 offensive running plays. (ex. handoffs)

P13

The student will execute TA form offense by completing 3 of 4 pass attempts while being defended.

P14

The student will execute TA form offense by completing 3 of 4 running plays by gaining 5 yards while being defended.

C1

The student will demonstrate the capacity to apply information demonstrated by the instructor to perform a football punt using TA form at least 30 feet in distance 3 of 4 times.

C2

The student will demonstrate the capacity to apply information demonstrated by the instructor to perform a forward football pass using TA form to a stationary target (classmate) at a distance of 25 feet 3 of 4 times.

C3

The student will demonstrate the capacity to apply information demonstrated by the instructor to perform a forward football pass using TA form to a moving target (classmate) at a distance of 25 feet 3 of 4 times.

C4

The student will demonstrate the capacity to apply information demonstrated by the instructor to catch a football pass using TA form unobstructed, below the waist, at a distance of 25 feet 3 of 4 times.

C5

The student will demonstrate the capacity to apply information demonstrated by the instructor to catch a football pass using TA form unobstructed, above the waist, at a distance of 25 feet 3 of 4 times.

C6

The student will demonstrate the capacity to apply information demonstrated by the instructor to catch a football pass using TA form obstructed (guarded by a classmate), below the waist, at a distance of 25 feet 3 of 4 times.

C7

The student will demonstrate the capacity to apply information demonstrated by the instructor to catch a football pass using TA form obstructed (guarded by a classmate), above the waist, at a distance of 25 feet 3 of 4 times.

C8

The student will demonstrate the capacity to apply information demonstrated by the instructor to execute blocking using TA form in every drill and game situation.

C9

The student will demonstrate the capacity to apply knowledge of the history and rules of flag football on a written test by answering at least 80% of the questions correctly.

PS1

The student will demonstrate responsibility by wearing proper PE dress in 14 of 15 days.

PS2

The student will demonstrate responsibility by performing tasks assigned by the instructor 15/15 days.

PS3

The student will demonstrate cooperation by working with a peer or team to accomplish assigned flag football skill or activity.