

**TASK ANALYSIS**  
**Stick Handling**

SKILL: Stick Handling

VISUAL DESCRIPTION: The ability to control the puck with proper stick technique

**MOVEMENT SEQUENCE**

**VERBAL CUES**

**1. \*Grip Technique**

**Hands**

**2. \*Ready Position**

**Stick down**

**3. \*Carrying the puck**

**Dribble**

**4. Dribbling Technique**

**Move**

**5. \*Stick handling Technique**

**Head up, short taps**

**\* 4 Most Critical Points.**

**COMPLEXITY VARIABLES**

LEARNER: Middle School

SKILL: Continuous

ENVIRONMENT: closed, sticks, pucks, cones, gymnasium, goggles

**CHECKLIST:**

Student	Hands	Stick down	Dribble	Head up, short taps
1				
2				
3				
4				