

TASK ANALYSIS
Shooting

SKILL: Shooting

VISUAL DESCRIPTION: Properly directing puck toward opponents goal

MOVEMENT SEQUENCE

VERBAL CUES

1. * Puck in ready position

Ready position

2. *Focus on target

Focus

3. Blade on puck

Blade

4. * Hand position, right lower than left

Hands

5. Lower hand guides stick

Bottom hand

6. *Low follow through

Follow through

*** 4 Most Critical Points.**

COMPLEXITY VARIABLES

LEARNER: Middle School

SKILL: Discrete

ENVIRONMENT: open, sticks, pucks, nets, gymnasium, goggles

CHECKLIST:

Student	Ready position	Focus	Hands	Follow through
1				
2				
3				
4				