

Instructional Objective
Basketball (Grade 7)

P 1

The student will execute basketball dribble with TA technique using dominant hand for length of basketball court 3 of 4 times.

P 2

The student will execute basketball dribble with TA technique using non-dominant hand for length of basketball court 2 of 4 times.

P 3

The student will execute basketball dribble with TA technique using a crossover dribble for length of basketball court 3 of 4 times.

P 4

The student will execute a chest pass with TA technique to a 2x2 target from 15 feet 4 of 5 times.

P5

The student will execute a bounce pass with TA technique to a 2x2 target from 15 feet 4 of 5 times.

P6

The student will execute an overhead pass with TA technique to a 2x2 target from 15 feet 4 of 5 times.

P7

The student will execute a jump shot with TA technique from a distance 20 feet or closer 4 of 5 times.

P8

The student will execute a lay up with TA technique 4 of 5 times on a regulation height basketball hoop.

P9

The student will execute a free throw with TA technique from a distance 20 feet 4 of 5 times.

P10

The student will execute TA defensive stance and shuffle through a cone maze, 6 cones, 5 feet apart, arranged in a zigzag pattern 3 of 4 times.

P 11

The student will execute a chest pass with TA technique to a 2x2 target from 15 feet 4 of 5 times while being defended.

P12

The student will execute a bounce pass with TA technique to a 2x2 target from 15 feet 4 of 5 times while being defended.

P13

The student will execute a overhead pass with TA technique to a 2x2 target from 15 feet 4 of 5 times while being defended.

P14

The student will execute a lay up with TA technique 4 of 5 times on a regulation height basketball hoop while being defended.

P15

The student will execute a defensive shuffle using TA form the length of the basketball court 3 of 4 times.

C1 The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball dribble with TA technique using dominant hand for length of basketball court 3 of 4 times.

C2

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball dribble with TA technique using non-dominant hand for length of basketball court 3 of 4 times.

C3

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball dribble with TA technique using a cross over dribble for length of basketball court 3 of 4 times.

C4

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball chest pass with TA technique to a 2x2 target 4 of 5 times.

C5

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball chest pass with TA technique to a 2x2 target 4 of 5 times.

C6

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball overhead pass with TA technique to a 2x2 target 4 of 5 times.

C7

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball jump shot with TA technique from a distance of 15 feet or closer 4 of 5 times.

C8

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball lay up with TA technique 4 of 5 times.

C9

The student will demonstrate the capacity to apply information demonstrated by the instructor of a basketball free throw with TA technique from a distance of 15 feet 4 of 5 times.

C10

The student will demonstrate the capacity to apply information demonstrated by the instructor of a TA defensive stance and shuffle through a cone maze, 6 cones, 5 feet apart, arranged in a zigzag pattern 3 of 4 times.

C11

The student will demonstrate the capacity to apply knowledge of the history and rules of flag football on a written test by answering at least 80% of the questions correctly.

PS1

The student will demonstrate responsibility by wearing proper PE dress in 14 of 15 days.

PS2

The student will demonstrate responsibility by performing tasks assigned by the instructor 15/15 days.

PS3

The student will demonstrate cooperation by working with a peer or team to accomplish assigned basketball skill or activity.