

Type of Activity:

Lead-up **Drill**
Fitness Game

Score: 14/20

Berkey's Assessment of Games

1. Name of the game: Free Throw Drill
2. Source of the game: PEP Grant Group
3. Brief description of the game: Divide class into groups of 5. One student shoots two free throws and the other four students are lined up on the lane and rebound. After two shots the group rotates clockwise until everyone has an opportunity to shoot.

Activity Analysis

	Low-----				-----High
1. Students can develop physical skills.	1	2	3	<u>4</u>	5
State the skills: free throws.					
Students can practice appropriately	<u>Yes</u>		No		

	Low-----				-----High
2. Participation level	1	<u>2</u>	3	4	5
Roles of the students: performing free throws					
Potential examples of waiting: waiting to take their turn, number of basketball hoops available					

	Low-----				-----High
3. Activity is developmentally appropriate	1	2	3	<u>4</u>	5
Stage/Age for which activity is appropriate: Middle School					
Justification for this population/group: practice free throw skills					

	Low-----				-----High
4. Cognitive, personal and social development	1	2	3	<u>4</u>	5
Examples of personal skills (Action/Condition): best effort, teamwork					
Examples of cognitive skills (Action/Condition): strategies					

Modifications for special needs students: make modifications as needed for specific needs.

