

Type of Activity:  
 Lead-up      Drill  
 Fitness      Game X

Score: \_\_\_\_\_/20

## Berkey's Assessment of Games

**REC: finish scoring the 4 activities and put total score at top.**

1. Name of the game: Find A Friend
2. Source of the game: Walking Games and Activities p.81 cardio and cooperation
3. Brief description of the game: students begin walking; call out find a friend; walk with person closest to them. Give them a topic to discuss (favorite animal, sport, color, etc.). Call out find a friend, they find another and discuss another topic. Repeat as long as you wish. Walk solo while you call out the various topics. As you call topics students quickly find that partner. Call quickly so they must hurry from person to person.

### Activity Analysis

	Low	-----			High
<b>1. Students can develop physical skills.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
State the skills: walking, running if allowed				X	
Students can practice appropriately	Yes	X		No	

	Low	-----			High
<b>2. Participation level</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Roles of the students: moving often					X
Potential examples of waiting: May not find partner quickly					

	Low	-----			High
<b>3. Activity is developmentally appropriate</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Stage/Age for which activity is appropriate: 6 <sup>th</sup> grade plus					X
Justification for this population/group: Like to talk!					

	Low	-----			High
<b>4. Cognitive, personal and social development</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Examples of personal skills (Action/Condition): Standards 1, 2, 3, 5					
Examples of cognitive skills (Action/Condition): nutrition and fitness					

Modifications for special needs students: surface area must be appropriate.

Modifications: Could be used with pedometers so that students must accumulate a specific amount of steps while walking or jogging.

### Worksheet

Name:

Class:

Date:

1. Who was your book friend?
2. Who was your animal friend?
3. Who was your video friend?
4. Who was your song friend?
5. Who was your class friend?
6. Who was your sport friend?
7. Who was your clothes friend?
8. Who was your restaurant friend?
9. Who was your car friend?
10. Who was your activity friend?